4. Training of Rural Youth for Self-Employment (TRYSEM): TRYSEM was initiated in 1979 to provide technical skills to the rural youth of families below poverty live. The purpose was to enable them to become self-employed. Later in 1987, the scope of the programme was extended to wage employment for the trained beneficiaries. During 7th plan, about 11.6 lakh youth were trained under the TRYSEM. In 1995, 962.8 lacs of rural youths were to be provided training under this programme.

This is a sub scheme of IRDP. In this programme, youth belonging to both sexes, in the age group of 18-35 years, are selected from the below poverty line families. This programme is directed to tribal areas where semi unemployment or disguised unemployment exist. It is believed that the trained youth will be able to stand on their own feet and help improve the income of the family.

For the boys and girls, the minimum age to cover under TRYSEM is 16 years. For dropouts, released bonded labour, displaced family members, cured leprosy patients, etc., the limit of age has been kept 45 years for the coverage under this scheme.

The participation of STs and SCs should be 60 per cent in the selection of the beneficiaries. In the selection list, the representation of woman should be 40 percent. 3 per cent seats have been reserved for the disabled, Persons, made literate through literacy mission, should be given preference.

Training programme can be organised at I.T.I., poly techniques,