

**International Webinar on**  
**Protection of Heart, Kidney,  
Liver and Maintaining Normal  
Psychology and Blood  
Pressure Amidst COVID-19  
Life-Style Changes**



*On*

**22<sup>nd</sup> & 23<sup>rd</sup> August, 2020**

**Organized by:**

**Dept. of Zoology, Dr. Shyama Prasad  
Mukherjee University, Ranchi, Jharkhand**

**In association with:**

**Institutional Ethics Committee of DSPMU,  
Ranchi, Jharkhand**

**Visit here for details:**

**www.indoaryan.org**

## Registration

Please go to the link given below and  
get registered for **FREE**

[First 250 registration will be considered]

[https://docs.google.com/forms/d/  
e/1FAIpQLSetV0QaFK9bGAOWHSbQW5sntWXNqCtbp5BftIV0Rt9EvkWWQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSetV0QaFK9bGAOWHSbQW5sntWXNqCtbp5BftIV0Rt9EvkWWQ/viewform)

**Who can register:**

**Graduate & PG Students, Researchers, Teachers and  
Professionals**

**All the participants after attending all 5 sessions of the  
Webinar will be given 'Participation Certificate'**

Link for respective day / session will be provided beforehand

**Webinar platform: Google Meet**

*(Download GMeet App for Mobile to join Webinar)*

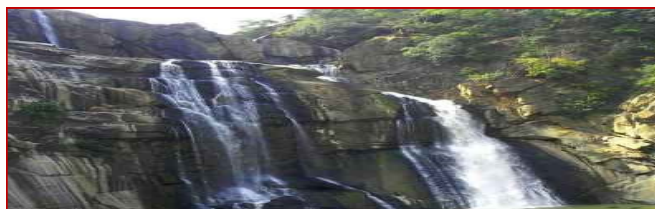


**Dr. Sajalendu Ghosh**

*(Organizing Secretary cum Convener)*

**For Enquiry contact below:**

Dr. Ganesh Ch. Baskey (DSPMU): +91-9934173171  
Binita Ghosh (CCMB, Hyderabad): +91-9693395489  
Sweta Chaurasia (DSPMU): +91-6201415380  
Shachee Swaraj (IISC, Bangalore): +91-9113141916



## Know the Speakers

**Dr. Indranill Basu Ray (MD, DNB, FACP, FACC)**



Consultant Cardiologist & Cardiac  
Electrophysiologist, Adjunct Prof. The  
University of Memphis, TN, USA, Visiting  
Prof. & HOD, Integrative Cardiology  
AIIMS, President, American Academy for  
Yoga & Medicine.



**Dr. Deb Ghosh (MD, FRCP)**

Consultant Gastroenterologist and  
Hepatologist, Liver and Alcohol Lead for  
the Trust. UK



**Dr. Sucheta M. Vaingankar (Ph.D)**

Associate Professor, School of Medicine  
& Director, O'Brien Biomarkers Core  
Laboratory, University of California, San  
Diego, USA.



**Dr. Nitish R. Mahapatra (Ph.D)**

FNASc Professor, Department of  
Biotechnology, IIT Madras. Post Doc. in  
Molecular genetics of Hypertension  
from University of California, USA.



**Dr. Jai Prakash (Ph.D)**

HOD, Department of Clinical  
Psychology, Institute of Neuro-  
Psychiatry & Allied Sciences (RINPAS),  
Ranchi, India.



## International Webinar *On*

### Protection of Heart, Kidney, Liver and Maintaining Normal Psychology and Blood Pressure Amidst COVID-19 Life-Style Changes

#### Chief Patron:



Prof. Dr. S. N. Munda,  
Vice Chancellor, DSPMU, Ranchi

#### Patron:



Prof. Dr. Firoz Ahmad  
Ex Vice Chancellor NP University, Jharkhand

#### Chief Advisor



Dr. A. K. Chaudhary  
Registrar, DSPMU

#### Organizing Committee:

- ◆ Dr. Namita Singh (DSW, DSPMU)
- ◆ Dr. Asok Mahto (Dean of Science, DSPMU)

#### Advisory Committee:

- ◆ Dr. Namita Lal (Asst. Prof. DSPMU)
- ◆ Dr. Ganesh C. Baskey (Asst. Prof. DSPMU)
- ◆ Dr. K. M. Khan (Asst. Prof. DSPMU)
- ◆ Dr. Anurag Tripathi (Asst. Prof. Allahabad University)

#### Technical Coordinator:

- ◆ Dr. Srikumar Mukherjee (DPS, Ranchi)

#### Introduction to the Webinar

We all are bewildered and in an inexplicable state of life amidst the COVID-19 Pandemic where nothing happens as per our calculations and normal go of life is disrupted totally. Above all, threat of becoming infected in any point of time continuously upsetting us and delineating us from our normal activities. Life never stops for anybody and so we should look for the best possible preventive measures that would help protect our physiology and psychology to combat this frightful situation. With this view we contacted few stalwarts of the respective fields working in the best Institutions covering India, USA and UK. On 22<sup>nd</sup> and 23<sup>rd</sup> August, 2020 we fortunately would be able to hear them and could interact with them to get the best possible advice to rise above this bad phase of life.

#### About Ranchi

Ranchi is the capital of mineral rich state Jharkhand of India. Jharkhand is bordered by the states of Bihar to the North, West Bengal to the East, Orissa to the South, Chhattisgarh to the West, and Uttar Pradesh to the Northwest. Ranchi (about 700 meter altitude) is situated on the Chota Nagpur plateau beside Subarnarekha River. Several nearby scenic waterfalls mark the edge of the plateau. Silk production and the manufacture of shellac and heavy machine tools are the city's major industries.



#### About DSPMU:

Dr. Shyama Prasad Mukherjee University (DSPMU) is a synthesis of a legacy of 92 years of hard work, dedication and incomparable team work in the area of academic excellence that incessantly worked together under the banner of Ranchi College, Ranchi. In the year 2017 on Tuesday, April 11 this college was upgraded as a Unitary State University under RUSA Program. This university is the center of attraction for academic pursuit of Jharkhand population and marching ahead with all gravity to maintain its legacy to cater the massive pool of mostly rural and urban students.

#### Programme

##### Day-1

**Session I : Dr. Nitish R. Mahapatra, IIT Madras, India**

**Session II : Dr. Indranill Basu Ray, VA Medical Center, Memphis, TN, USA**

##### Day-2

**Session III : Dr. Sucheta Vaingankar, UCSD, USA**

**Session IV : Dr. Deb Ghosh, Gastroenterologist & Hepatologist, UK**

**Session V : Dr. Jai Prakash, Head, Dept. of Clinical Psychology, RINPAS, Ranchi, India**